

National Homoeopathy Conference on

**“Access to services – Mental Health in Catastrophes and Emergencies”**

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| **10th OCTOBER – DAY 1** | | |
| **8:00 am - 9:15 am.** | **Registration** | |
| **9:15 am -10:30 am.** | **Inaugural ceremony** | |
| **SESSION I- HEALING IN CHAOS: INTEGRATING HOMOEOPATHY** | | |
| **Time** | **TOPIC** | **SPEAKERS** |
| **10.30 am- 11.10 am.** | **Disaster Mental Health: Lived Experience and Emerging Trends** | **Dr. Dinesh R.S.**  BHMS, MBBS, MD (Hom), Materia Medica, MD (Psychiatry) |
| **Chairpersons:** Dr. K.R. Janardhan Nair, Former President, Medical Assessment Rating Board, NCH.  **Rapporteurs:** Dr. Dastagiri, P, R.O.(H)/S-2, NHRIMH, Kottayam., Dr Nidhi P Shenoi , Dr. Smriti Debbarma | | |
| **TEA BREAK (11:10 am-11:25 am)** | | |
| **SESSION II -REAL-TIME LESSONS IN PSYCHIATRIC CRISIS** | | |
| **Time** | **TOPIC** | **SPEAKERS** |
| **11.25 am – 12.05 pm** | **Psychiatric Crisis in Hydrological Disasters: Lessons from Community-Based Management Programs Conducted in Wayanad District, Kerala** | **Dr. Thomas M.V.**  BHMS, MSc Clinical Psych, PhD |
| **12.05 pm – 12.45 pm** | **From chaos to care - essentials of disaster management & field experiences at Wayanad & homoeopathic approach in disaster management.** | **Dr. Jerald Jeyakumar**  BHMS, MD (Hom) |
| **12.45 pm – 1.25 pm** | **Resilience in crisis- practical insights from disaster response** | **Sr. Regin Mary Mathew**  MSc (Clinical and Community Psychology), BSc (Education & Developmental Psychology), BA (Sociology & Psychology) |
| **Chairpersons:**  Dr. Ch. Srinivasa Reddy, Vice Principal, JSPS, Govt. Homoeopathic College, Hyderabad, Telangana.  **Rapporteurs:** Dr. Jayashree Janagam, Asst.Prof. Dept of Psychiatry, NHRIMH, Kottayam. Dr. Kowshiga , Dr. M. Meharaz Begum | | |
| **LUNCH (1.25 pm – 2.20 pm)** | | |
| **SESSION III -QUANTIFYING THE MIND** | | |
| **Time** | **TOPIC** | **SPEAKERS** |
| **2.20 pm- 3.00 pm** | **N-of-1 Trials and Translational Networks: A New Era in Quantifying the Mind and Understanding the Pharmacodynamics of Individualized Homoeopathy** | **Prof. Dr. U. Adler** M.D., PhD, Brazil, |
| **3.00 pm – 3.40 pm** | **Emotional Dysregulation in ADHD and its Homoeopathic Treatment** | **Dr. Philippa Fibert**  PhD, MSc, BSc, BEd, FHom, England |
| **Chairpersons:**  Dr. N.D. Mohan, MD(Psychiatry), Consultant, NHRIMH, Dr. Debadatta Nayak, Assistant Director(H)/Scientist -4, NHRIMH, Kottayam .  **Rapporteurs:**Dr. Xinix Xavier, R.O.(H)/S-1, NHRIMH, Kottayam. | | |
| **TEA BREAK (3.40 pm – 4.00 pm)** | | |
| **4.00 pm ONWARDS** | **POST-GRADUATE TRAINEE DISSERTATION PRESENTATIONS** | |

**PROGRAMME SCHEDULE**

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|  | **Effectiveness Of Individualized Homoeopathic Medicine In Reducing Irritability In Bipolar Disorder Single-Arm Clinical Study** | **Dr. Aiswarya HosmathJ**  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **The Effectiveness Of Individualized Homoeopathic Medicine On Internet Addiction Disorder In Young Adults – An Open Label Clinical Study** | **Dr. Anna Alex**  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **Effectiveness of individualized homoeopathic medicines in reducing the auditory hallucinations in schizophrenia – a prospective study** | **Dr. Arya B. Prasad**  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **The efficacy of individualized Homeopathic Medicines in the management of major depressive disorder with supportive counselling – a double blind randomized placebo controlled trial** | **Dr. K Madhavi Priyanka**  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **An open-label, single-arm study on the effectiveness of individualized homoeopathic medicines for insomnia in alcohol dependence** | **Dr. K. R. Siva Tharshini**  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **The effectiveness of individualized homoeopathic medicines in lm potencies in reducing the symptoms of obsessive-compulsive disorder: an open label clinical study** | **Dr. Liza K. B.**  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **A clinical study of individualized homoeopathic medicine in improving the social quality of life and satisfaction in generalized anxiety disorder.** | **Dr.Rajikrishna R. C.**  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **Effectiveness of ultra-high dilution of chlorpromazinum compared to individualized homoeopathic medicine in reducing positive symptoms of schizophrenia- a single-blind randomised controlled trial** | **Dr. S. Sudheer Kumar**  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **A clinical study on the effectiveness of individualized homoeopathic medicines in the management of cannabis use disorder** | **Dr. Shivani Gautam**  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **Effectiveness of individualized homoeopathic medicines in LM potencies in the management of children with autism spectrum disorder** | **Dr. Sourabh Balgonda Patil**  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **Effectiveness of individualized homoeopathic medicines in reducing the difficulties in emotion - regulation in alcohol dependent individuals.** | **Dr. Syed Sameer S.**  Dept of Psychiatry, NHRIMH, Kottayam**.** |

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| **11th OCTOBER – DAY 2** | | |
| **SESSION IV- DECODING MINDS THROUGH DATA** | | |
| **Time** | **TOPIC** | **SPEAKERS** |
| **9.00 am –9. 30 am** | **Exploring the Mind: methodological insights & Design frame works.** | **Dr. Debadatta Nayak,**  Assistant Director(H)/Scientist -4, NHRIMH, Kottayam. |
| **9.30 am – 10.20 am** | **Mental Health assessment: A Tool used in Clinical settings to laboratories** | **Dr.Sudhir Chandra Sarangi,**  MD, DM Clinical Pharmacology, Additional Prof.., Dept. Pharmacology, AIIMS, New Delhi |
| **Chairpersons:** Dr. Radhakrishnan EK, Associate Professor, School of Biosciences (SBS), MG university, and Joint Director, Inter-University Centre for biomedical Research and Super-speciality Hospital, Kottayam**.**  **Rapporteurs:** Dr.S.G.S.Chakravarthy, Professor, Dept of Practice of Medicine, NHRIMH, Kottayam. Dr. Gayathri Muthuswamy , Dr. Sumitha P | | |
| **TEA BREAK (10.20 am – 10.40 am)** | | |
| **SESSION V - MENTAL MAYDAY: RAPID RESPONSE** | | |
| **Time** | **TOPIC** | **SPEAKERS** |
| **10.40 am – 11.20 am** | **Human Response to Trauma and Stress Presenting as Emergencies in Clinical Settings** | **Dr. Varghese P Punnoose**  MBBS, MD (Psychiatry), Esteemed Professor of Psychiatry and Principal at Government Medical College, Kottayam. |
| **11.20 am – 12.00 pm** | **Emergencies in Psychiatry** | **Dr. N.D. Mohan**  MD (Psychiatry) |
| **Chairpersons:** Dr. S. Gopinathan, Former Assistant Director(H), NHRIMH, Kottayam  **Rapporteurs:** Dr.R.S. Krishneswari, Associate Professor, Dept of Practice of Medicine, NHRIMH, Kottayam. Dr. Sourabh Balgonda Patil , Dr K Madhavi Priyanka | | |
| **SESSION VI: SUCCESS STORIES OF HOMOEOPATHIC MANAGEMENT IN PSYCHIATRY** | | |
| **Time** | **TOPIC** | **SPEAKERS** |
| **12.00 pm – 12.30 pm** | **Psychological impact of the disaster** | **Dr.R. Bhuvaneswari,**  R.O.(H)/S-3/Professor  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **12.30-12.45 pm** | **A case report of ADHD in preschool children treated with Individulised Constitutional homoeopathic medicine.** | **Dr.S. Karunakara Moorthi,**  R.O.(H)/S-3/Professor, Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **12.45- 1.00 pm** | **Understanding PTSD and Homoeopathy in times of crisis** | **Dr.M. Gnnanaprakasham**  MD (Hom. Psychiatry)  Associate Professor,  Dept of Psychiatry,  NHRIMH, Kottayam  Kerala. |
| **1.00 pm- 1.15 pm** | **Homoeopathic management of psychotic symptoms:Case series** | **Dr.Jayashree Janagam,**  Asst. Professor,  Dept of Psychiatry, NHRIMH, Kottayam. |
| **1.15pm- 1.30pm** | **Role of Carcinosinum in Autism Spectrum Disorder- Case series.** | **Dr.Sreeja K R.**  Asst. Professor  Dept of Psychiatry, NHRIMH, Kottayam**.** |
| **1.30 pm- 1.45pm** | **Management of Acute substance withdrawal: Integrating Homoeopathy with standard care: An evidence-based case series** | **Dr. K. Shiva Kumar,**  R.O.(H)/S-1,  NHRIMH, KOTTAYAM. |
| **Chairpersons:** Dr. Indira Balachandran, Former Assistant Director (H), NHRIMH, Kottayam.  **Rapporteurs:** Dr.S.R. Binuraj, Asst. Professor, Dept of Practice of medicine, NHRIMH, Kottayam. Dr. Vasaiya Chhatrasinh Ramanbhai, Dr. Ramya V S | | |
| **LUNCH (1.45 pm– 2.30 pm)** | | |
| **2.30 pm ONWARDS** | **POST-GRADUATE TRAINEE DISSERTATION PRESENTATIONS** | |
|  | **An exploratory clinical study to find out the effectiveness of homoeopathic medicines in the management of Parkinson’s disease** | **Dr.Aishwarya Hosmath**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **A clinical study to determine the effectiveness of individualised homoeopathic medicine in the management of lichen planus** | **Dr.Anjumol K. K.**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **Efficacy of individualised homoeopathic medicine versus Thyroidinum in the management of subclinical hypothyroidism-a double blind randomised controlled clinical trial** | **Dr.Bidinya Das K.**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **Double blind randomized placebo-controlled trial of individualized homoeopathic medicine in the management of migraine** | **Dr. Debia Mama**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **Effectiveness of individualised homoeopathic medicines in LM potencies in the management of cholelithiasis: a single-arm clinical study** | **Dr. Mamatha Mohan**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **A clinical study to find the effectiveness of individualized homoeopathic medicine in chronic bronchitis** | **Dr. Nidhi Dehalvi**  Dept of Practice of Medicine, NHRIMH, Kottayam. |
| **Effectiveness of individualized homoeopathic medicines in the management of nasal polyps: a single-arm clinical study** | **Dr. Nidhi P. Shenoi**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **Effectiveness of the individualized homoeopathic medicines in LM potencies as an adjuvant to conventional medicines in the management of type-2 diabetes mellitus: a single-blind randomized controlled clinical trial** | **Dr. Pawan Sharma**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **Efficacy of homoeopathic potentized medicine carcinosinum in reduction of serum antibody levels of hashimoto’s thyroiditis; a double-blind randomized placebo-controlled trial** | **Dr. Rahitha. K**  Dept of Practice of Medicine, NHRIMH, Kottayam. |
| **The efficacy of individualized homoeopathic medicines with physiotherapy in the management of shoulder pain: a double-blind randomized placebo-controlled trial.** | **Dr. Shifina**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **A clinical study to determine the effectiveness of individualized homoeopathic medicine in the management of pityriasis versicolor** | **Dr. Shruthi Gopi**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **Effectiveness of individualized homoeopathic LM potencies in the treatment of grade-2 and grade-3 non-alcoholic fatty liver disease** | **Dr. Smriti Debbarma**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **Efficacy of histaminumhydrochloricum 30 versus individualized homoeopathic medicine in reducing symptoms of allergic rhinitis: a double blind randomised controlled trial.** | **Dr. Surya T. P.**  Dept of Practice of Medicine, NHRIMH, Kottayam**.** |
| **VALEDICTORY SESSION** | | |