



**NATIONAL HOMOEOPATHY RESEARCH  
INSTITUTE IN MENTAL HEALTH  
Kottayam, Keralam**

(Under Central Council for Research in Homeopathy,  
Ministry of Ayush, Government of India)



**NATIONAL SEMINAR  
ON  
WORLD MENTAL HEALTH DAY  
2026**



**"Lived experiences heard: real  
voices, real change"**



**09<sup>th</sup> & 10<sup>th</sup> October 2026**



**2<sup>nd</sup> Floor,  
NHRIMH AUDITORIUM,  
KOTTAYAM, KERALAM**



**A forum on patient understanding, qualitative enquiry and the  
individualised approach of homoeopathy in mental health.**



## ABOUT THE INSTITUTE

The National Homoeopathy Research Institute in Mental Health (NHRIMH), under the Central Council For Research In Homoeopathy (CCRH) Ministry of Ayush, Government of India, is a dedicated national institute focused on psychiatric care through homoeopathy. It serves a substantial and diverse patient load and brings together clinical care, education and research.

The Institute conducts postgraduate courses in MD (Homoeopathy) Psychiatry and MD (Homoeopathy) Practice in Medicine, along with PhD programmes in Homoeopathy, affiliated to Kerala University of Health Sciences (KUHS), Thrissur.



## RESEARCH WITH A BROAD SCIENTIFIC LENS



NHRIMH undertakes Ministry of Ayush-funded research programmes exploring different approaches in homoeopathy and a range of research activities, with particular interest in mental health, patient-centred care and clinically meaningful outcomes.

**“ THE PATIENT IS MORE THAN THE DIAGNOSIS;  
THE STORY BEHIND THE SYMPTOMS MATTERS. ”**



### WHY THIS PERSPECTIVE?

In a rapidly evolving and highly competitive world, mental strain, uncertainty and changing social environments demand deeper understanding. The clinical challenge is not only to name a disorder, but to understand how the person experiences it.



### HOMOEOPATHY & THE INDIVIDUAL PATIENT

Homoeopathy offers a distinctive individualised framework: attention to the person, the totality of symptoms, patterns of reasoning and the causes. Seminar explores how such depth of patient understanding can enrich psychological and psychiatric assessment, clinical reasoning and research.



### KEY OBJECTIVES

- ✓ Enhance deeper patient understanding beyond diagnostic labels.
- ✓ Explore qualitative research for lived, subjective and unformal experiences.
- ✓ Examine the significance of individualised homeopathic management and allied sciences in mental health care.
- ✓ Strengthen observation, listening and clinically meaningful patient narratives.
- ✓ Paper presentation & competition

**A SEMINAR THAT MOVES FROM SYMPTOMS TO  
STORY – AND FROM STORY TO UNDERSTANDING.**

# FROM SYMPTOMS TO STORY: UNDERSTANDING THE PATIENT WITHIN

A PATIENT-CENTRED EXPLORATION OF LISTENING, UNSPOKEN EXPERIENCES, QUALITATIVE ENQUIRY AND THE ROLE OF INDIVIDUALISED HOMOEOPATHIC IN MENTAL HEALTH.



## Registration Fee

Early Bird Offer – Save More!

Register early and avail discounted rates!

| Participant Category    | Early Bird Fee(Up to 05.10.2026) | Late Fee(After 05.10.2026) |
|-------------------------|----------------------------------|----------------------------|
| UG Student              | ₹ 1,000/-                        | ₹ 1,200/-                  |
| PG / PhD Scholar        | ₹ 1,500/-                        | ₹ 1,700/-                  |
| Doctors & Practitioners | ₹ 1,800/-                        | ₹ 2000/-                   |



Early registration, more savings!  
Don't miss out!



For Registration



Registration link:  
<https://forms.gle/WHvLFE8nVxWqm9Kt7>

For Payment



Payment Id:nhri1@sbi

## VENUE: 2ND FLOOR, NHRIMH AUDITORIUM

### ORGANISED BY:

National Homoeopathy Research Institute in Mental Health (NHRIMH)  
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Ministry of Ayush, Government of India

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### KEY CONTACT

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- Dr. R. Sitharthan (Principal)  
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- Dr. R. Bhuvaneswari (HOD, Dept of Psychiatry)  
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# CALL FOR ABSTRACTS

## WORLD MENTAL HEALTH DAY 2026

Inviting Researchers, Faculty Members  
and Practitioners

RESEARCH • COLLABORATE • ADVANCE  
BETTER MENTAL HEALTH FOR ALL



Healthier  
Minds  
Brighter  
Tomorrows



### ABSTRACT AREAS

Applications of Homoeopathy in:

- Major Psychiatric Disorders
- Psychosomatic Disorders
- Endocrine & Metabolic Disorders
- Neurological Disorders
- Oncology
- Geriatric Medicine
- Women's & Perinatal Mental Health
- Child, Adolescent & School Mental Health
- Lifestyle Disorders
- Caregiver Burden & Family Interventions
- Artificial Intelligence in Mental Healthcare



### PUBLISHED CASE REPORTS / CASE SERIES

- HOM-CASE structured abstract
- Evidence-based cases
- MONARCH score to be mentioned



### RESEARCH PAPERS

- Observational studies
- Quasi-experimental studies
- Randomised controlled trials
- In-vitro studies
- In-vivo studies



### FINAL-YEAR PG DISSERTATION COMPETITION

(All Departments)



### ABSTRACT SHOULD INCLUDE

- Title • Background • Objectives • Methods • Results • Conclusion
- Ethical clearance and CTRI details, wherever applicable
- HOD and Principal certificate to be enclosed



### SUBMISSION GUIDELINES

- Maximum 350 words
- Specify the category at the top of the abstract
- Send authors' names, affiliations, contact details, study title and other identifying information in a separate Word document



ABSTRACT SUBMISSION

**LAST DATE: 25 SEPTEMBER 2026**

✉ Email: [wmhdnhrimh@gmail.com](mailto:wmhdnhrimh@gmail.com)

