



**NATIONAL HOMOEOPATHY RESEARCH
INSTITUTE IN MENTAL HEALTH
Kottayam, Keralam**

(Under Central Council for Research in Homeopathy,
Ministry of Ayush, Government of India)



**NATIONAL SEMINAR
ON
WORLD MENTAL HEALTH DAY
2026**



**"Lived experiences heard: real
voices, real change"**



09th & 10th OCTOBER 2026



**2nd Floor,
NHRIMH AUDITORIUM,
KOTTAYAM, KERALAM**



**A forum on patient understanding, qualitative enquiry and the
individualised approach of homoeopathy in mental health.**



ABOUT THE INSTITUTE

The National Homoeopathy Research Institute in Mental Health (NHRIMH), Kottayam, operating under the aegis of Central Council for Research in Homoeopathy (CCRH), Ministry of Ayush, Government of India, is India's premier apex institution dedicated to specialized psychiatric healthcare, clinical research, and postgraduate education in Homoeopathy.

Commemorating World Mental Health Day 2026, this two-day National Seminar brings together leading clinical homeopaths, neuro-psychiatrists, and researchers to deliberate on evidence-based homeopathic interventions, psychiatric clinical decision support, and holistic mind-body therapeutics.



KEY THEMES & SUB-THEMES



- **Clinical Homoeopathy in Severe Mental Illnesses:** Depression, Bipolar Affective Disorders, Schizophrenia, and Anxiety Disorders.
- **Somato-Psychic Care:** Miasmatic analysis of mind symptoms and constitutional prescribing.
- **Child & Adolescent Psychiatry:** ADHD, Autism Spectrum Disorders, and pediatric behavioral care.
- **AI & Technology in Psychiatric Research:** Responsible adoption of digital clinical decision tools and research methodologies.

“THE PATIENT IS MORE THAN THE DIAGNOSIS; THE STORY BEHIND THE SYMPTOMS MATTERS.”

ABOUT WORLD MENTAL HEALTH DAY THEME 2026

World Mental Health Day is celebrated to raise global awareness about mental health struggles and fight the social stigma surrounding them. This year's theme focuses on moving away from rigid medical diagnosis to truly listening to the personal stories of those experiencing mental health struggles. By honoring these unique individual experiences, we can use personalized care to help the persons with mental illness. It aligns with global campaigns to build compassionate, accessible, community-based support systems worldwide. It is a timely reminder that real, lasting change only begins when we let real voices guide the way to recovery.

**A SEMINAR THAT MOVES FROM SYMPTOMS TO
STORY – AND FROM STORY TO UNDERSTANDING.**

FROM SYMPTOMS TO STORY: UNDERSTANDING THE PATIENT WITHIN

A PATIENT-CENTRED EXPLORATION OF LISTENING, UNSPOKEN EXPERIENCES, QUALITATIVE ENQUIRY AND THE ROLE OF INDIVIDUALISED HOMOEOPATHY IN MENTAL HEALTH.



Registration Fee

Early Bird Offer – Save More!

Register early and avail discounted rates!

 Participant Category	 Early Bird Fee(Up to 25.09.2026)	 Late Fee(After 25.09.2026)
 UG Student	₹ 1,000/-	₹ 1,200/-
 PG / PhD Scholar	₹ 1,500/-	₹ 1,700/-
 Doctors & Practitioners	₹ 1,800/-	₹ 2000/-



Early registration, more savings!
Don't miss out!



For Registration



Registration link:
<https://forms.gle/WHvLFE8nVxWqm9Kt7>

For Payment



Payment Id:nhri1@sbi

VENUE: 2ND FLOOR, NHRIMH AUDITORIUM

ORGANISED BY:

National Homoeopathy Research Institute in Mental Health (NHRIMH)
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